Leeds Health and Wellbeing Board

# Delivering the Strategy

Measuring our progress against the Joint Health and Wellbeing Strategy 2013-15

Report for the Board July 2014

# Introduction

This bi-monthly report enables the Leeds Health and Wellbeing Board to monitor progress on the Joint Health and Wellbeing Strategy (JHWS) 2013-15, and achieve our aspiration to make Leeds the Best City for Health and Wellbeing.

The JHWS spans the work of the NHS, social care, Public Health and the 3<sup>rd</sup> sector for children, young people and adults, and considers wider issues such as housing, education and employment. With a vision to see Leeds become a healthy and caring city for all ages, the Health and Wellbeing Board

has set five **Outcomes** for our population, which lead to 15 **priorities** for partners on the board to act upon to make the best use of our collective resources. We will measure our progress at a strategic level by keeping close watch on 22 **indicators**, and over the course of the Board's work we will develop these indicators to bring in supplementary data, further informing our insight into the

The Board have also identified four **commitments** which we believe will make the most difference to the people of Leeds:

challenges facing Leeds.

- Support more people to choose healthy lifestyles
- Ensure everyone will have the best start in life
- Improve people's mental health and wellbeing
- Increase the number of people supported to live safely in their own homes

# What is Outcomes-Based Accountability?

The Health and Wellbeing Board has chosen to use an approach called Outcomes Based Accountability (OBA), which is known to be effective in bringing about whole system change.

OBA is 'an approach to planning services and assessing their performance that focusses on the results – or outcomes – that the services are intended to achieve', and 'a way of securing strategic and cultural change' within a partnership (Pugh, 2010: NFER). OBA distinguishes between three categories of data and insight:

### How much did we do?

(the quantity of the effort)

### How well did we do it?

(the quality of the effort)

### Is anyone better off?

(the quantity and quality of the effect)

The following framework for measuring our progress against the JHWS uses these concepts by focussing on the performance of services, plans, projects and strategies, together with a close monitoring of the population outcomes: who is better off as a result of our efforts. In addition, throughout the lifetime of the JHWS a number of OBA workshops will take place to further explore what can be done differently.

# 1. Overview

### Zoom-out: a scorecard-on-a-page

- Leeds' current position on all 22 indicators
- Benchmarked where possible
- Broken down by locality and deprivation
- Using the latest data available

**Joint Health and Wellbeing Strategy** 

A framework for measuring progress

# 2. Exceptions

### A space to highlight issues and risks:

- Includes further details on 'red flag indicators' showing significant deterioration
- Other performance concerns and exceptions raised by Board members

# 3. Commitments

### Assurance on work around the 4 commitments:

- Delivery templates detailing resources, risks, partnership strategies
- Any other datasets and relevant scorecards giving supplementary information on the 22 indicators

4	Period	Good =	Freq.	OF <sup>5</sup>	M
$\Leftrightarrow$	Q1 13/14	LO	Quar terly	PH OF	
Д	12/13	LO	Year.	PH OF	
Ď	2007- 2011	LO	Year.	PH OF	
$\Leftrightarrow$	12/ 13	LO	Year.	PH OF	
$\Box$	2010- 2012	LO	Year.	PH OF	
$\Box$	2010- 2012	LO	Year.	PH OF	
	Q4 12/13	LO	Year.	CCG OI	
	Q3 13/14	LO	Quar terly	ASC OF	
	Q3 13/14	н	Quar terly	ASC OF	
	2013	НІ	2x Year.	CCG OI	
	Q3 13/14	н	Quar terly	CCG OI	
	2012/ 13	ні	2x Year.	NHS OF	
	Q3 12/13	н	Quar terly	ASC OF	
	2011/ 12	НІ	Year.	ASC OF	
	Q3 12/13	НІ	2x Year	ASC OF	
	Q3 12/13	ні	Quar terly	ASC OF	
	Q3 12/13	н	Year.	Loc al	
	2011	LO	Year.	PH OF	
	Q4 13/14	N/A	Quar terly	Loc al	
	2013	н	Year.	DFE	
	Q3 12/13	НІ	Quar terly	ASC OF	
	2012/ 13	HI	Quar terly	PH OF	

	Out-	Priority	Indicator	LEEDS	DOT <sup>1</sup>	ENG AV.	BEST CITY <sup>2</sup>
	come		Percentage of adults over 18 that smoke.	23.04%	$\Leftrightarrow$	20%	19.3 B'ham
	1. People will live longer and have healthier lives	Support more people to choose healthy     lifestyles	Rate of alcohol related admissions to hospital (per 100,000)	1992	Û	1973.5	1721 Sheff.
		2. Ensure everyone will have the best start in life	3. Infant mortality rate (per 1,000 births)	4.8	Û	4.3	2.7 Bristol
			4. Excess weight in 10-11 year olds	35.0%	$\Leftrightarrow$	40%	32.7 B'ham
	People v	3. Ensure people have equitable access to	5. Rate of early death (under 75s) from cancer (per 100,000)	113.1	Û	108.1	113.1 Leeds
	1. P	screening and prevention services to reduce premature mortality	6. Rate of early death (under 75s) from cardiovascular disease (per 100,000)	67.0	Û	60.9	63.3 Bristol
	2. People will live full, active and independent lives	Increase the number of people supported to	7. Rate of hospital admissions for care that could have been provided in the community (per 100,000)	283.3	Û	314.9	221.1 Nott.
		live safely in their own home	Permanent admissions of older people to residential and nursing care homes, per 100,000 population	667	Û	653	667 Leeds
		5. Ensure more people recover from ill health	9. Proportion of people (65 and over) still at home 91 days after discharge into rehabilitation	85.8%	Û	84%	85.8% Leeds
		Ensure more people cope better with their conditions	10. Proportion of people feeling supported to manage their condition	67.08%	N/A	68.2%	72.9% Newc
	vill be aality	7. Improve people's mental health & wellbeing	11. Improved access to psychological services: % of those completing treatment moving to recovery	43.98%	Û	43.87%	43.98 % Leeds
	3. People's quality of life will be improved by access to quality services	Ensure people have equitable access to services	12. Improvement in access to GP primary care services	74.58%	$\Leftrightarrow$	75.46%	79.78 % Newc
	ople's qu oved by se	Ensure people have a positive experience of their care	13. People's level of satisfaction with quality of services	67.6%	Î	65%	67.6% Leeds
	3. Per impi		14. Carer reported quality of life	8.1	N/A	N/A	8.7 Newc
	ople red in iions	10. Ensure that people have a voice and influence in decision making	15. The proportion of people who report feeling involved in decisions about their care	93%	N/A	N/A	
	4. People involved in decisions	Increase the number of people that have more choice and control over their health and social care services	16. Proportion of people using social care who receive self-directed support	66%	Î	58%	66% Leeds
	thy and ties	12. Maximise health improvement through action on housing, transport and the environment	17. The number of properties achieving the decency standard (%)	88.69%	$\hat{\mathbb{U}}$	N/A	
		13. Increase advice and support to minimise debt	18. Number of households in fuel poverty	11.3%	N/A	10.9%	
	People will live in healthy and sustainable communities	and maximise people's income	19. Amount of benefits gained for eligible families that would otherwise be unclaimed	£4,796, 854	N/A	N/A	
	will liv	14. Increase the number of people achieving their potential through education and lifelong learning	20. The percentage of children gaining 5 good GCSEs including Maths & English	57.3%	Î	60.8%	59.8% B'ham
		15. Support more people back into work and	21. Proportion of adults with learning disabilities in employment	7.6%	Î	5.8%	7.8% Liver.
	ri.		22 Con to the construction of the fourth or to				

22. Gap in the employment rate for those in

contact with secondary mental health services and the overall employment rate 56.9

N/A

62.3

healthy employment

27.4%	22.3% 😂	18.7% ⟨⇒	36.0% (=
2,376.1	1,890.5	1,693.9	2,916.6
4.8	3.9	5.7	5.6
36.4%	34.9%	33.5%	38.4% 🗲
131.4	110.8	97.8	150.9
78.6	67.2	55.2	111.2
N/A	N/A	N/A	
757.5	679.5	628.6	
73.9%	92.9%	100%	
64.57%	69.14%	66.8%	
38.57%	46.58%	45.69%	
72.13%	73.53%	79.64%	
71.8%	66.3%	66.9%	
7.8	8.4	7.9	

8.45%	10%	5.3%

### **Notes on indicators**

<sup>1</sup> DOT = Direction of Travel (how the indicator has moved since last time) <sup>2</sup> Best performing Core City, where available <sup>3</sup> Local data is provided on CCG area (1,2,4,5,6,7,10,11,12) or Council management area (3,8,9,13,14,21). Boundaries are not identical. <sup>4</sup> 'Leeds deprived' data is taken from LSOAs within the bottom 10% of the Index of Multiple Deprivation (IMD) <sup>5</sup> OF = Outcomes Framework

2) The unit is directly age standardised rate per 100,000 population 3) The rate is per 1,000 live births. Calculations are based on the geographical coverage of the CCGs and registration with GPs in the CCG. 4) Calculations are based on the geographical coverage of the CCGs and registration with GPs in the CCG. 5) Crude rate per 100,000 using primary care mortality database deaths and Exeter mid-year populations. 6) Crude rate per 100,000 using primary care. 7) The peer is England average. The national baseline is 2011/12. The unit is directly standardised rate per 100,000 population, all ages. Previously HSCIC published the data as full financial years. However the latest release of data is for the period July 2012 to June 2013 - thus direct comparisons with the past are impossible, and arrows given as indicative. In future data will be benchmarked against 8) The peer is a comparator average for 2011/12. This data is a projected year end figure, updated each quarter. 9) The peer is a comparator average for 2011/12. The unit is percentage of cohort. This 10) The peer is England average. The National baseline is July 11 to March 12. The unit is percentage of respondees weighted for non-response. The source is COF. data is a projected year end figure, updated each quarter. National baseline calculation currently differs from COF technical guidance. Expect two GP patient surveys per year. The change in figures since last reported is to do with how the denominator is calculated. The indicator relates to the question in the GP Survey 'In the last 6 months have you had enough support from local services or organisations to help manage your long term condition(s)?' The numerator is a weighted count of all the 'Yes – definitely and 'Yes – to some extent' responses. Previously the denominator was a count of all responses to the question, which included the options 'I haven't needed such support' and 'Don't know/Can't say'. The latest methodology only counts the 'Yes – definitely', 'Yes – to some extent' and 'No' responses. 11) The peer is England average. The unit is percentage of patients. Local data supplied previously was from a provider report based on a single snapshot taken at the end of each month. This new data is supplied by NHS England and is based on a dataset submitted nationally by all providers. Direct comparisons are therefore impossible and arrows are indicative. This indicator is included in the CCG outcomes framework but the NHS England Area Team may wish to monitor CCG IAPT performance on % of population entering treatment. 12) The peer is England average. The local baseline used is Jul 11 to March 12. The unit is percentage of respondees. South and East CCG data excludes York St Practice. 13) The peer is a comparator average for 2011/12. 14) Base line data only. First time produced and no comparator data available. Progress will be shown in future reports. The source is National Carers Survey for period 2011/12. Measured as a weighted aggregate of the responses to the following aspects: Occupation (Q7); Control (Q8); Personal Care (Q9); Safety (Q10); Social Participation (Q11) Encouragement and Support (Q12). 15) This question has been removed from the Adult Social Care Survey. Data given is historical, for the indicator 'the proportion of people who report that adult social care staff have listened to your views'. Further work is being done to develop this indicator into a more robust and ongoing one.

16) The peer is a comparator average for 2011/12. This data is a projected year end figure, updated each quarter. The forecast is over 70% by end of year, 17) The target figure is generally regarded as full decency as properties drop in and out of decency at various times. Data includes houses within the social sector only, and data is not available on private rented and owner-occupier housing stock. The city target is to achieve Decency in 95% of the stock, a one percentage point reduction on the 2012 / 2013 target. The reason for the reduction is the development of a new approach to capital investment in stock; on an area basis rather than an elemental one. 18) Since last reported, the government has totally changed the definition of fuel poverty, with a big impact on numbers of fuel poor. The new fuel poverty definition is based on households who are on a low income and who live in a property with high costs, as opposed to the old definition which focussed on household spending more than 10% of their income on fuel to maintain a satisfactory heating regime. Currently, however, DECC are publishing both definitions, including sub-regional data down to county level. The latest data we have for this is the 2011 data showing fuel poverty to be at 17.2 % by the old 10% measure for West Yorkshire and 11.3% under the new low income/high cost definition. 19) This data has not previously been collected, and is an aggregation of data received from GP practices, Mental Health Outreach Services. Children's Centres, and WRUs. 20) The percentage of pupils in Leeds achieving five or more GCSEs (or equivalent) at grades A\*-C, including GCSEs in English and Maths, has improved by 2.3 percentage points in the 2012/13 academic year, to 57.3%. Leeds remains below the national figure of 60.8%, and the gap to national performance has slightly narrowed by 0.5 of a percentage point, Leeds is ranked 115 out of 151 local authorities on this indicator, putting Leeds in the bottom quartile in 2013. The improvement achieved in statistical neighbour authorities was slightly below the rate of improvement in Leeds; although attainment in Leeds is 3.3 percentage points lower than in statistical neighbour authorities. 21) The peer is Metropolitan District average for 2011/12. The unit is percentage of service users with record of employment. This data is a projected year end figure, updated each quarter. 22) This indicator was slightly amended in July 2014. The old indicator uses the Labour Force Survey data on employment, together with a question on contact with secondary MH services, which is a self-reported, non-clinically-assessed question asking if people suffer from depression, bad nerves or anxiety, severe or specific learning difficulties, mental illness or phobias, panics or other nervous disorders. It is collected quarterly. The Public Health Outcomes Framework indicator listed here replaces the old indicator; it uses the same Labour Force Survey data on employment, but matches it instead to people on the Care Programme Approach receiving secondary MH services. It then calculates the gap between these figures and the overall England average employment figures. It is collected yearly. Colleagues from the Mental Health partnership Board have recommended this change to capitalise on the more robust way of capturing the current picture we now have available through the PHOF.

Red text indicates the H&WB Board 'commitments'

Core Cities: Manchester, Sheffield, Leeds, Birmingham, Nottingham, Newcastle, Liverpool, Bristol

Data presented is the latest available as of April 2014.

### 3. Exceptions, risks, scrutiny

From time to time Health and Wellbeing Board members may wish to discuss one of the JHWS indicators – or any other matter of performance across the health system – urgently, either because of circumstances known to them or because the data shows an apparent deterioration. The following two mechanisms are in place to enable this process:

### 1) Exception raised by significant deterioration in one of the 22 indicators

New data received by performance report author shows significant deterioration in performance (add to log)



'Priority lead' is contacted and informed of the intention to add a red flag to the indicator.



'Priority lead' either: a) submits a verbal update to the immediate board meeting; or b) prepares additional information to a subsequent meeting.

### 2) Exception raised by a member of the board

Member of the board raises a concern around any significant performance issue relating to the JHWS to the chair of the Board in writing (add to log)



'Priority lead' is contacted and asked to provide assurance to the Board on the issue



'Priority lead' either: a) submits a verbal update to the immediate board meeting; or b) prepares additional information to a subsequent meeting.

### **Exception Log**

Date	JHWS indicator	Details of exception	Exception raised by	Recommended next steps
Open Exc	eptions 22.	This indicator, collected by	Peter	Given the sudden drop in outcomes in Q4 2012/13 was matched
July 2013	Proportion of Adults in contact with secondary mental health services in employment  - Now —  22. Gap in the employment rate for those in contact with secondary mental health services and the overall employment rate	the CCGs, fell in Q4 2012/13 from 22% to 14%, whereas the England average has risen to 32%. However in Q1 and Q2 of 2013/14, the outcome recovered and now sits above the England average of 35%.	Roderick (LCC), Souheila Fox (Leeds W CCG)	by a sudden rise in Q1 2013/14 and a sustained level in Q2 2013/14, it can reasonably be assumed the Board saw a 'blip' in the data due to the relatively small dataset.  Following this, it has been decided in July 2014 to alter the indicator source for this priority of the Board. Currently we use the Labour Force Survey data on employment, together with a question on contact with secondary MH services, which is a self-reported, non-clinically-assessed question asking if people suffer from depression, bad nerves or anxiety, severe or specific learning difficulties, mental illness or phobias, panics or other nervous disorders. It is collected quarterly. The Public Health Outcomes Framework indicator used henceforth replaces the old indicator; it uses the same Labour Force Survey data on employment, but matches it instead to people on the Care Programme Approach receiving secondary MH services. It then calculates the gap between these figures and the overall England average employment figures. It is collected yearly. Colleagues from the Mental Health partnership Board have recommended this change to capitalise on the more robust way of capturing the current picture we now have available through the PHOF.  It is recommended that the Board close this exception.

As a further opportunity to monitor issues across the health system, the following summary of items relevant to health and wellbeing recently considered at the Leeds Health and Wellbeing and Adult Social Care Scrutiny Board is included:

Date of Meeting	Agenda Item ref.	Details of item relevant to the work of the H&WB Board (with hyperlink)
29 <sup>th</sup> January 2014	126	NHS Specialised Services: Impact assessment of proposed changes to specific service specifications
29 <sup>th</sup> January 2014	127	Children's Epilepsy Surgery
29 <sup>th</sup> January 2014	128	Urgent and Emergency Care

Steering group

(under review)

Ministry of Food

Board

### 4. Our Commitments

This section gives space for details of plans, projects, working groups and resources across the city working towards our 4 key commitments in the JHWS, together with any extra relevant datasets/scorecards on the commitments.

IHWS Commitment 1: Support more people to choose healthy lifestyles.

Trivis commitment 1. Support more people to choose healthy mestyles						
Senior Accountable director: Ian Cameron; Senior Responsible Officer:	Senior Accountable director: Ian Cameron; Senior Responsible Officer: Brenda Fullard					
List of action plans currently in place:	Supporting network e.g. Board/steering group					
Alcohol Harm Reduction plan	<ul> <li>Alcohol Management Board</li> </ul>					
Tobacco control action plan	Tobacco Action     Management Group					
Draft Drugs Strategy (to be combined with Alcohol Harm Reduction plan to form a Drugs and Alcohol Action plan during 2013)	Drugs Strategy steering group					
Review of Sexual health services project ( to re-commission for Integrated open access Sexual Health by April 2014	<ul> <li>Integrated Sexual Health Commissioning Implementation Team</li> </ul>					
HIV Prevention Action Plan	HIV Network Steering     Group					
<ul> <li>Review of alcohol and drugs treatment services to re-commission combined treatment services by April 2014</li> </ul>	<ul> <li>Joint Commissioning Group (JCG)</li> </ul>					
<ul> <li>Leeds Let's Change programme (including stop smoking and weight management services, Bodyline on referral, Healthy Lifestyle Advisors,</li> </ul>	Healthy Lifestyle     Steering group					

### Gaps or risks that impact on the priority:

campaigns and information)

(supported by the Jamie Oliver Foundation)

Integrated Sexual Health Commissioning Project Board yet to be set up to steer delivery and strategic
management of the re-commissioning of integrated, open access sexual health services by 2014. Recommissioning of sexual health services in other West Yorkshire Local Authorities my impact on the
progress of the project. NHS England responsibility for commissioning HIV prevention services may impact
on the project.

Health trainers, third sector health improvement services, public

through the provision of cooking skills courses by the third sector

Ministry of Food - improving cooking skills and promotion of healthy eating

## JHWS Commitment 2: Ensure everyone will have the best start in life

Senior Accountable director: Ian Camero	on; Senior Responsible Officer: Sharon Yellin

, , , , , , , , , , , , , , , , , , , ,	
List of action plans currently in place	Supporting network e.g. Board/steering group
Infant mortality action plan- including programmes of work to reduce Sudden Infant Death, Smoking in Pregnancy, Maternal Obesity, Overcrowding, Child Poverty, genetic conditions, and promote early access to maternity services particularly for families in deprived Leeds	Infant Mortality Steering Group
Family Nurse Partnership providing intensive support to teen parents and their babies for the first 2 years of life	FNP Advisory Group
Development of the Early Start Service Integrated Family Offer including development of care pathways for eg. LAC, Co-sleeping ,Healthy Weight, Economic Wellbeing, Alcohol & Substance Misuse ,Tobacco, Infant Mental Health	Early Start Implementation Board
Workforce development to enable practitioners working with families with children under 5 years to use a collaborative strengths and solution focussed approach (HENRY and Helping Hand Programmes ).	Early Start implementation Board  Childhood Obesity Management Board
Development of antenatal and postnatal support, including city wide roll out of the universal Preparation for Birth and Beyond antenatal education programme to be delivered in Children's centres, and review of antenatal and postnatal support for vulnerable families.	Early start Implementation board  Maternity strategy group
Food for life Breast Feeding strategy including achieving Stage 3 BFI accreditation with LTHT , LCH, CCGs and LCC	Maternity Strategy group
Healthy Start including promoting uptake of Vitamin D	Maternity Strategy Group

### Gaps or risks that impact on the priority:

Child Poverty – gap in public health staff capacity to implement a programme of work to promote economic wellbeing of families with children under 5 years

Emotional wellbeing – gap in staff capacity to support the development of a programme of work to promote emotional wellbeing of families with children from pregnancy to five years

- Unintentional Injury Prevention Capacity available in LCC for Road Safety work. Currently no
  dedicated public health resource to tackle non-traffic related injuries among children and young
  people.
- Lack of integrated children and young people's commissioning forum to champion, coordinate and performance manage service delivery across health and local authority partners.
- Emotional wellbeing gap in staff capacity to support the development of a programme of work to promote emotional wellbeing of families with children from pregnancy to five years

### Other related indicators:

- Infant mortality rate
- Low birth weight rate, perinatal mortality rate
- Breast feeding initiation and maintenance
- Smoking in pregnancy
- Children's tooth decay (at age 5 years)
- Child mortality (0-17)
- Children achieving a good level of development at age 5
- Children living in poverty (aged under 16)
- Excess weight age 4-5 and 10-11 years
- Hospital admissions due to injury
- Teen conception rates
- NEET and first time entrants to the youth Justice system

**Additional Data:** The Leeds Children's Trust Board produce a monthly 'dashboard' on their key indicators within the Children and Young People's Plan, included below

	Measure	National	Stat neighbour	Result for same	Result	Result	Result	Result	DOT	Data last	Timespan covered
	Measure	ridelolla!	otat neighbour	period last year	Jun 2013	Jul 2013	Aug 2013	Sep 2013		updated	by month result
Safe from harm	Number of children looked after	59/10,000 (2011/12 FY)	74/10,000 (2011/12 FY)	1370 (84.8/10,000)	1359 (84.1/10,000)	1353 (83.8/10,000)	1328 (82.2/10,000)	1316 (81.5/10,000)	•	30/05/2014	Snapshot
	Number of children     subject to Child     Protection Plans	37.9/10,000 (2012/13 FY)	39.5/10,000 (2012/13 FY)	936 (58.0/10,000)	741 (45.9/10,000)	759 (47.0/10,000)	743 (46.0/10,000)	762 (47.2/10,000)	<b>A</b> .	30/05/2014	Snapshot
	3a. Primary attendance	96.1% (HT1-2 2014 AY)	96.0% (HT1-2 2014 AY)	95.0% (HT1-2 2013 AY)		96.3% (HT1-2 2014 AY)			▼	HT1-4	AY to date
	3b. Secondary attendance	95.1% (HT1-2 2014 AY)	93.8% (HT1-2 2014 AY)	93.8% (HT1-2 2013 AY)		·	94.8% -2 2014 AY)		▼	HT1-4	AY to date
	3c. SILC attendance (cross-phase)	90.4% (HT1-4 2012 AY)	91.1% (HT1-4 2012 AY)	87.5% (HT1-5 2012 AY)		86.9% (HT1-5 2013 AY)			▼	HT1-4	AY to date
for life	4. NEET	5.4% (May 14)	6.6% (May 14)	6.7% (May 13 - 1501)	7.2% (1620)	7.2% (1645)	7.2% (1647)	7.3% (1675)	<b>A</b>	31/05/2014	1 month
Learning and have the skills for life	5. Foundation Stage good level of achievement	52% (2013 AY)	48% (2013 AY)	63% (2012 AY)		(2	51% 2013 AY)		N/A	Oct 12 SFR	АУ
nd have	6. Key Stage 2 level 4+ English and maths	76% (2013 AY)	77% (2013 AY)	73% (2012 AY)		74% (2013 AY - 5563)			<b>A</b>	Dec 12 SFR	AY
ning ar	7. 5+ A*-C GCSE inc English and maths	60.8% (2013 AY)	60.6% (2013 AY)	55.0% (2012 AY)	57.3% (2013 AY - 4482)			<b>A</b>	Jan 13 SFR	AY	
Lear	8. Level 3 qualifications at 19	57.3% (2013 AY)	54.5% (2013 AY)	52% (2012 AY)	54% (2013 AY - 4710)			<b>A</b>	Apr 13 SFR	AY	
	9. 16-18 year olds starting apprenticeships	114,347 (Aug 12- Jul 13)	740 (Aug 12- Jul 13)	2,214 (Aug 11 - Jul 12)	1,521 (Aug 12 - Jul 13)			•	Dec 13 SFR	Cumulative Aug - Jul	
	10. Disabled children and young people accessing short breaks	Local indicator	Local indicator		Indicator in the process of being redeveloped						
	11. Obesity levels at year 6	18.9% (2013 AY)	19.4% (2013 AY)	19.7% (2011 AY)	19.6% (2013 AY)				▼	Dec 13 SFR	AY
les	12. Teenage conceptions (rate per 1000)	26.0 (Sep 2012)	33.7 (Sep 2012)	35.0 (Sep 2011)	31.4 (Sep 2012)			•	Nov-13	Quarter	
Healthy lifestyles	13a. Uptake of free school meals - primary	79.8% (2011 FY)	79% (Yorks & H)	77.6% (2011/12 FY)	73.1/4 (2012.13 FY)			•	Oct-13	FY	
Health	13b. Uptake of free school meals - secondary	69.3% (2011 FY)	67.4% (Yorks & H)	71.1% (2011/12 FY)		71.1% (2012/13 FY)			•	Oct-13	FY
	14. Alcohol-related hospital admissions for under-18s	Local indicator	Local indicator	69	57				▼	2012	Calendar year
Fun	15. Children who agree that they enjoy their life	Local indicator	Local indicator	80% (2012 AY)		(2	80% 2013 AY)		•	Sep-13	AY
ence	16. 10 to 17 year-olds committing one or more offence	1.9% (2009/10)	2.3% (2009/10)	1.5% (2011/12)	1.0% (2012/13)				•	Apr-13	FY
Voice and influence	17a. Children and young people's influence in school	Local indicator	Local indicator	68% (2012 AY)		(2	69% 2013 AY)		<b>A</b>	Nov-13	AY
Voice	17b. Children and young people's influence in the community	Local indicator	Local indicator	52% (2012 AY)		(2	50% 2013 AY)		▼	Nov-13	AY

Key AY - academic year DOT - direction of travel FY - financial year HT - half term SFR - statistical first release (Department for Education data publication) Improving outcomes are shown by a rise in the number/percentage for the following indicators: 3, 5, 6, 7, 8, 9, 10, 13, 17.

Improving outcomes are shown by a fall in the number/percentage for the following indicators: 1, 2, 4, 11, 12, 14, 16.

# JHWS Commitment 4: Improve people's mental health and wellbeing

Senior Accountable director: Ian Cameron; Senior Responsible Officer: Victoria Eaton					
List of action plans currently in place	Supporting network e.g. Board/steering group				
BEST START – Children & Young People  New jointly commissioned citywide Infant Mental Health Service  Delivers training to children's services' workforce to understand and promote infant /care-giver attachment  Co-works with practitioners i.e. Early Start Service  Delivers psychological intervention where significant attachment issues  Leeds-wide roll out of new 'Preparation for Birth & Beyond' ante/postnatal sessions, with emphasis on parental relationship and attachment.  Early Start teams developing maternal mood pathway.	Joint Performance Management group (CCG/LA)				
TAMHS – (targeted early intervention service for mental health in schools)  Evidence based model initially supported by partners (School Forum, LA and CCGs) through seed funding  Rolling out across the city – match funding by school clusters  A number of pilots commencing to monitor impact of GP referrals within certain established TAMHS sites	TAMHS Steering Group				
Access to Psychological Therapy Children & Young People Leeds successful in this year's children's IAPT bid Focus on children's IAPT is workforce development and session by session monitoring Current exploration of scope for digital technology to impact on self-help and access to therapy  Adults Number of people entering therapy in primary care through IAPT programme – measured monthly against national mandated targets National target – to measure number of Older People and BME entering therapy.  Piloting self- help group through third sector as option when IAPT not appropriate. Pilot scheme of direct GP referrals to Job Retention staff based at Work Place Leeds Plan in place to review current model and to develop complementary primary care mental health provision	Joint Performance Management Meeting (CCGs and LA) MH provider management group CCGs				
Suicide Prevention.  Revised suicide action plan for Leeds in place, based on national strategy and Leeds suicide audit 2011  3 key priorities include;  Primary care  Bereavement  Community ( high risk groups)  Insight work commissioned in Inner West Leeds working with at risk group ( Men 30 -55)  Commissioning of training and awareness around suicide risk (ASIST, safe-talk)  Commissioning local peer support bereaved by suicide group	Leeds Strategic Suicide Prevention Group & task groups				
Self Harm Children & Young People  Task group established in October 2013 to review and improve service & support for young people who self-harm, and the adults who support them (i.e., parents & schools)  CQUIN in 2013/14 to improve interface between LTHT and CAMHS service when young people present at A&E having self-harmed  Young People's self -harm project established— with aim to link this to the Adult Partnership group.	Leeds Children & Young People: Self-harm Group (within Children's Trust Board structure)				

**Adults** Re-established Self Harm Partnership Group and mapped existing services. Commissioned insight work on specific groups who self harm and share learning / commission intervention (including young people) Monitor pilot of commissioned work with third sector around long term self-harming. Commission third sector self-harm programmes using innovative approaches. Self Harm Partnership Challenge of future funding allocation following pilot work. Group SLCS (3<sup>rd</sup> Sector) commissioned as alternative to hospital – service recently increased capacity and specific work with BME communities. **Stigma and Discrimination** Time 2 Change work plan in place across Leeds, with commitment across partners. National recognition of local T2C action, including national launch of new campaign in Leeds, February 2014. Specific young people's working group with working group driving agenda and developed Time to Change "Suitcase" and "Headspace" **Development Group** Living library events held across city. Mental health awareness training delivered across the city, challenging stigma and discrimination. Increased numbers of employers signed up to Mindful Employer and Mindful Employer Leeds Network Commissioning of targeted area-based anti-stigma work with voluntary sector (e.g. Pudsey) **Population Mental Health and Wellbeing** Healthy Schools – emotional wellbeing element included as part of School Health Check (previously National Healthy School Status) and one of the four key health priorities schools. Delivery of mental health awareness in schools. **Healthy Schools Steering** Commissioning population wellbeing through core healthy living programmes in local Group communities, in partnership with 3<sup>rd</sup> sector. Mental health & wellbeing element of healthy lifestyle programmes, eg, Leeds Let's Change, Health is Everyone's Business, Community Healthy Living services. Citywide investment of MH awareness training, including self-management and resilience. Development of peer support initiatives e.g with Leeds Mind and Work Place Leeds. Development and awareness-raising around mental health promotion resources city-wide (e.g. 'How Are You Feeling?' resource and signposting to support).

List any gaps or risks that impact on the priority:

Previous reporting to

Health Improvement

Board – to be reviewed.

Historically low capacity to address mental health and wellbeing in relation to physical health.

Key links to older people's agenda, including social isolation & loneliness, SMI and dementia.

MH Service providers developing innovation around joint working with 3<sup>rd</sup> sector to improve

To improve whole population mental health taking life course approach, need to join up systems and programmes focused on children, adults and older people.

More emphasis needed on population wellbeing, including addressing underlying socio-economic factors (e.g. housing, debt, employment), rather than narrow focus on mental illness through services. Needs further engagement from 'non-traditional mental health sector' to improve outcomes.

Offenders/Young Offenders – key group with poor mental health and wellbeing. Risk of fragmentation around approach. Further work needed to improve joined-up commissioning for mental health and wellbeing across NHS and Local Authority agendas – including population wellbeing.

Some good practice and innovation in small areas, often not city-wide.

Citywide MH Information Line business case in development

outcomes (e.g. LYPFT, Volition)

Access to welfare benefits advice, debt advice and money management

Challenges around shifting commissioning towards positive outcomes and recovery.

### Indicators and related outcomes within JHWBS.

Other related indicators: <u>All</u> the indicators are relevant to population mental health but those in particular 1,2,3,10,12,13,14,17,18,19,20,21,22.

Priority 7 agenda particularly linked to Outcome 1 (People will live healthy and longer lives) and Outcome 5 (People will live in health and sustainable communities)

Current indicator 11 measures uptake of psychological therapy. Whilst this is an important measure, it should be used with a range of broader indicators including quality of life measures. Quantitative measures e.g. around suicide deaths, self-harm admissions are useful within this broader set of indicators, with further work being done to collect in a timely manner:

	Topic	Indicator	Group	Lead
1	Depression in Older People	Number of People over 65 accessing IAPT Service (CCG mandated target) Proxy measure – as there will be a range of work going on across the city and partnerships to improve wellbeing for older people – Q – how could this be captured to contribute to this topic	Performance Management of IAPT Service through 3CCGs	Nigel Gray/Jane Williams (NHS)
2	Reducing suicide	3 year average suicide rates (Leeds Suicide Audit) Suicide implementation progress of the suicide action plan	Suicide Strategy Group	Ian Cameron/Victoria Eaton (LCC)
3	Reducing self-harm	Number of people accessing self-harm team through A&E	Self-harm Partnership Groups (adults and children)	Nigel Gray/lan Cameron (NHS/LCC)
4	Increasing self- management, building resilience and developing peer support	Local monitoring of: Number of people taking up commissioned courses run by Oblong, Community Links & Leeds Mind	Performance management of contracts by NHS and CCG	Jane Williams & Catherine Ward (NHS/LCC)
5	Community wellbeing	Quality of life measures		lan Cameron/Victoria Eaton (LCC)